

The Indisputable Laws of Wealth™ by George Mihos



Law No. 1 - Gratitude

Last Year on a flight from Queensland to Melbourne I sat beside a middle aged gentleman called John. After introducing ourselves to each other John began to complain "I work so hard everyday. I am good at my job and my friends all say I am a good person. I love my family. Yet all I do is struggle from day to day to pay my bills. Tell me your secret for becoming rich quickly"

After thinking a while I told John what I believe is the greatest secret I know to becoming wealthy. I said John "When you stop working on becoming rich, and start working on YOU, only then will you get what it is you want. When you change, your results will change. That's the greatest secret I know" John didn't like that answer so he replied, "Lucky for you George but life is really unfair"

There are so many people like John who work very hard and diligently and sacrifice greatly in an effort to create wealth. But they haven't undertaken the personal changes necessary to reach their goal. Until they begin to think and act like wealthy people they'll never attract the wealth they seek. **Wealthy people don't think and act the way they do because they have wealth. They have wealth because they think and act that way.**

No one can see wealth in their bank accounts for long without first becoming wealthy internally. It is said that over eighty five percent of lottery winners are worse off five years after winning the lottery than they were before they won it. The same goes true for people who suddenly come to wealth through an inheritance.

Why does this happen over and over again? The answer lies in the simple fact that these people have the misfortune of seeing the growth in their bank accounts outstrip their growth as people. Money comes to them before they become wealthy internally. **Their thoughts, habits and actions that brought them financial scarcity in the first place are the same after they suddenly acquired money.**

Sir John Marks Templeton, possibly the greatest stock market investor the

world has ever seen once said that the most important requirement for becoming and staying wealthy is an attitude of gratitude. And how profound this simple statement really is! When you are grateful you are already rich. Gratitude opens the doors to receiving.

In the 1910 classic "[The Science of Getting Rich](#)" Wallace Wattles writes "*The moment you permit your mind to dwell with dissatisfaction upon things as they are, you begin to lose ground. You fix attention upon the common, the ordinary, the poor, the squalid, and the mean — and your mind takes the form of these things. Then you will transmit these forms or mental images to the formless. And the common, the poor, the squalid, and the mean will come to you.*"

The Universal Laws of Wealth

Law Number 1. – Law of Gratitude

Commitment for this Week!

Beginning this week commit to becoming wealthy. Think and Act like the wealthy do.

Your first step is to pick up a journal. This will be known as your personal grateful journal. This is also an extension of my personal "8 Daily Fundamentals" and for those of you who have graduated from my workshops already know what I am sharing with you, don't you?

At the end of each day for the next 7 days commit to the following:

1. Ask yourself this question; what am I grateful for today. Write at least 3 things for you to be grateful for. i.e. Living in Australia...best country in the world wouldn't you agree!
2. What am I excited about in my life today?
3. What's not yet perfect in my life?
4. Above and beyond add the following distinctions.
 - a. What was the best thing of today?
 - b. What is one new thing that I have learnt?
 - c. What was the one thing having the opportunity to experience again can I implement better?

Remember, if it's good enough for somebody like Oprah Winfrey to commit to writing in her daily grateful journal... well, no need for me to say much more is there?